



Refugee Services in South Australia

Emergency

000 Police, Fire, Ambulance

131 144 Police attendance if there is a problem but no immediate danger

131 114 Lifeline Australia crisis support and suicide prevention services

131 465 Mental Health Emergencies

Interpreters

Interpreting and Translating Centre (ITC)

1800 280 203, 8.30am-5pm, Mon to Fri

South Australian Government agency employing qualified translators and interpreters

www.translate.sa.gov.au

NAATI Translation Services (NAATI)

1300 557 470 9.00am-1.00pm and 2.00pm-4.00pm, Mon to Fri

The national standards and certifying authority for translators and interpreters in Australia.

Level 8, 170 North Terrace, Adelaide

www.naati.com.au

Translating and Interpreting Service (TIS National)

131 450 (within Australia) Immediate phone interpreting (24hours)

+613 9268 8332 (outside Australia)

1800 962 100 free translating service (for eligible clients)

Provides access to phone and on-site interpreting services in over 150 languages

www.tisnational.gov.au

Health and Wellbeing

1800RESPECT

1800 737 732

Provides a service covering national sexual assault, domestic family violence counselling service.

www.1800respect.org.au

Adelaide Primary Health Network

08 8219 5900

Refugee and new arrivals program provides refugee health nurses and bilingual, bi-cultural staff to access medical services. www.adelaidephn.com.au

Beyond Blue

1300 224 636

Provides information on depression, anxiety, available treatments, and where to get help. Interpreting services and fact sheets are available in a number of languages

www.beyondblue.org.au

Bfriend

1800 615 677

Bfriend is a unique service that has operated in SA for more than 25 years. We support anyone who has questions about sexuality, gender identity and intersex variations, and their loved-ones.

<https://www.unitingcommunities.org/service/community-support/lgbtiqa-support>

Child and Adolescent Mental Health Service (CAMHS Connect)

1300 222 647 9.00am-5.00pm, Mon to Fri

Free counselling service for children aged 0-16 years

www.wch.sa.gov.au/camhs

Child and Family Health Service (CaFHS)

1300 733 606, 9.00am-4.30pm, Mon to Fri for an appointment

Free service for babies and young children aged 0-5 years. Nurses can help with children's health, eating, sleeping and development

www.cyh.com

Headspace

1800063267

Free confidential support for youth aged 12 – 25.

www.Headspace.org.au

Healthdirect Australia - 24hr Health Advice Line

1800 022 222

A 24-hour telephone triage, information and advice line where every call is answered by a registered nurse. Provide advice when you are not sure what to do – whether you need to see a GP, manage the condition at home, or go to an emergency department.

Hopestreet

08 8234 5802

Hopestreet runs several youth drop in programs, op-shop and café in SA.

www.hopestreet.com.au

Kids Helpline

1800 551 800 Anytime and for any reason.

Offers a free* 24-hour confidential counselling service for 5 to 25 year olds, parents, carers and schools.

www.kidshelp.com.au

Lifeline

13 11 14

24/7 Crisis Support. Free Service for all Australians experiencing a personal crisis

www.lifeline.org.au

Louise Place

8412 9530

Louise Place provides supported accommodation options to pregnant and parenting young women and their children experiencing homelessness, or at risk of becoming homeless.

<https://centacare.org.au/service/louise-place/>

Medicare – Services Australia

13 20 11

Delivers social and health-related payments and services

www.servicesaustralia.gov.au

Metro Youth Health

Elizabeth: (08) 8255 3477, Christies Beach: (08) 8326 6053, Angle Park: (08) 8243 5637

Metropolitan Youth Health within the Women's and Children's Health Network provides free, confidential services for young people aged 12-25 years.

<https://www.wchn.sa.gov.au/our-network/metropolitan-youth-health/myh-home>

Multicultural Youth SA (MYSA)

08 8212 0085

1 on 1 counselling: LGBT, trauma, mental health, group work.

www.mysa.com.au

National Home Doctor Service

13 74 25

General Practitioner (GP) home visits, for after-hours service

www.homedoctor.com.au

Northern Volunteering – Rainbow Volunteer Group

08 8250 1582

Non-profit volunteer group which has/had a rainbow group

<https://nvsa.org.au/>

Parent Helpline South Australia

1300 364 100 – 24 hours a day, 7 days a week

Provides help for parents of children from birth to 12 years who live anywhere in South Australia

QLife

1800 184 527

QLife provides Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality.

www qlife.org.au

Refugee Health Service

(08) 8237 3900 or 1800 635 566

GP and primary health care service for newly arrived refugees and asylum seekers

21 Market Street, Adelaide

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public-content/sa+health+internet/services/health+services+for/refugee+health+service/refugee+health+service>.

Rainbow Directory

(08) 8168 8776

The Rainbow Directory SA includes services, organisations, groups and activities that are for, or inclusive of, LGBTIQ+ communities.

<https://www.rainbowdirectorysa.com.au/>

Relationships Australia (Multicultural Services)

1300 364 277 or 1800 182 325 (country callers) 9am-5pm

Support for family relationships, children and teens, gambling, violence, HIV, hepatitis

<https://www.rasa.org.au/services/couples-families/peace-multicultural-services/>

SAMESH

08 7099 5300

SHINE SA partnered with Thorne Harbour Health (formerly the Victorian AIDS Council), this innovative approach to deliver community-based support for education, training and advocacy of sexual health and HIV.

www.samesh.org.au

Shine SA

08 8300 5300

Sexual health and relationship wellbeing for all.

www.Shinesa.org.au

Suicide Call Back Service

1300 659 467

Provides a 24-hour, nationwide service providing telephone counselling to people 18 years and over who are suicidal, or caring for someone who is suicidal, or bereaved by suicide

www.suicidecallbackservice.org.au

Survivors of Torture and Trauma Assistance and Rehabilitation Service (STTARS)

(08) 8206 8900

Counselling for refugees that have experienced torture and trauma, mental health and child and youth services, mental health education and training

www.sttars.org.au

Trans Health South Australia

transhealthsa@outlook.com

A gender diverse community and resource operated by the community.

www.transhealthsa.com

Torrens House

(08) 8303 1522

Torrens House offers a residential service providing intensive support for all families living in South Australia with babies aged up to 12 months.

<https://www.cafhs.sa.gov.au/services/torrens-house>

Women's Safety Services SA

(08) 8152 9200

Women's Safety Services SA (WSSSA) supports women and their children who are experiencing domestic and family violence.

www.womenssafetyservices.com.au

Yarrow Place Rape and Sexual Assault Service

1800 817 421

24/7 Crisis Response Service for recent sexual assault victims

<https://www.wchn.sa.gov.au/our-network/yarrow-place>

Multicultural Services

*** For a list of Settlement Providers funded by the Department of Home Affairs, please see the Settlement Service Providers in South Australia handout.*

Australian Red Cross

1800 733 276

Assistance with tracing family members that are missing overseas, Emergency Relief, connections to social activities and volunteering opportunities, assistance finding employment

<https://www.redcross.org.au/about/how-we-help/migration-support>

Baptist Care SA

(08) 8273 7100

Baptist Care SA provides out of home care, disability care, youth education and employment, homelessness, community food hub and therapeutic support services.

www.baptistcaresa.org.au/

Circle of Friends

Local community groups which support refugees and asylum-seekers living in the community, or visit those in detention.

www.cofa.org.au

Life Without Barriers

1800 935 483

Assists refugees with a number of social services, including counselling, support finding employment, links to other relevant services, among others

www.lwb.org.au/services/refugees-and-asylum-seekers

Lutheran Care (Community Hubs)

(08) 8269 9300

Assisting refugees with community connections, a migration clinic providing Visa advice, financial literacy information sessions, family services, facilitating an Afghan youth community group, and a multicultural youth project.

www.lccare.org.au

Migrant and Refugee Centre (St Vincent de Paul)

1300 729 202, 9.00am to 1.00pm, Mon to Fri

Assistance with housing, immigration information, finding employment, education, financial counselling and advocacy, referrals to other support services, material assistance (food, clothing, basic furniture, payment of essential service fees).

https://www.vinnies.org.au/page/Find_Help/SA/Resettling_in_Australia/Migrant_and_Refugee_Committee/

Multicultural Communities Council of South Australia (MCCSA)

(08) 8345 5266

Community capacity development, intercultural and mainstream community connections, targeted program support, advocacy and assistance with grant applications.

www.mccsa.org.au

Federation of Ethnic Communities Council Australia (FECCA)

(02) 6282 5755

FECCA is the national peak body representing Australians from culturally and linguistically diverse backgrounds. FECCA

advocates on issues that affect ethnic communities to government, business and our broader society

admin@fecca.org.au

www.fecca.org.au

The Refugee Council of Australia (RCOA)

National umbrella body for refugees and the organisations and individuals who support them. Information and fact sheets on the law and living in Australia.

www.refugeecouncil.org.au

Rural Australians for Refugees (RAR)

An informal network of regional and rural groups supporting and advocating for refugees and people seeking asylum.

rar.australia@gmail.com

www.ruralaustraliansforrefugees.org.au

Employment

Services Australia

132 850 - Centrelink Employment Services Line

132 011 - Medicare

Is responsible for social, health and child support services and payments. Centrelink, JobSeeker, Medicare and Child Support

<https://www.servicesaustralia.gov.au/individuals/contact-us>

Department of Education, Skills and Employment

Is responsible for national policies and programs, administer virtual and in-person job fairs through the JobsFair program.

Help with finding a job, becoming an apprentice or trainee, finding regional jobs, careers for 45 years and older, job opportunities for under 25's and preparing for a new job.

<https://www.dese.gov.au/employment>

www.education.gov.au/jobsfair

Maxima Joblink

1300 629 462 – Disability Employment Service

1300 669 859 – Temporary and Permanent recruitment, apprenticeships and traineeships

Non-profit organisation which assists and supports people who experience disability, injury or a health condition into employment and/or mainstream employment

<https://maxima.com.au/specialised-employment-services/join-joblink/>

Harvest Trail

1800 062 332, 8.00am – 8.00pm, Mon to Fri

Harvest work opportunities across all of Australia

www.harvesttrail.gov.au

<https://jobsearch.gov.au/harvest/search>

Migration South Australia

Online free application for recognition of overseas formal qualifications

<https://www.migration.sa.gov.au/support-and-resources/support-services/recognition-of-qualifications>

MADEC

1300 436 332

Registered Training Organisation, jobactive services, recruitment services and approved employer for the Australian Government Seasonal worker Program

www.madec.edu.au

MISS MYSA EVENTS

0414 711 334

Provide jobs and experience for refugee and immigrant young people

www.missmysaevents.com.au

Sonder

(08) 8209 0700

Employment Solutions

Support for migrants and refugees who receive income support payments and need help with finding. The team provide guidance along the entire journey towards employment, including job searching, writing resumes and preparing for interviews. Combines assistance with mental health coaches with career coaches to find long term employment solutions.

<https://sonder.net.au/>

Volunteering

Anglicare SA

8305 9200

Volunteering opportunities throughout metropolitan Adelaide application, referral and orientation

159 Port Road Hindmarsh

www.anglicaresa.com.au/volunteering

Volunteering SA&NT

(08) 8221 7177, 9.00am - 5.00pm, Mon to Fri

Volunteering opportunities in SA and NT

reception@volunteeringsa-nt.org.au

<https://www.volunteeringsa-nt.org.au/contact-us>

Northern Volunteering (SA) Inc.

(08) 8250 1582

Volunteering opportunities in Salisbury, Enfield, Port Adelaide, Elizabeth, Modbury and Gawler

reception@nvsa.org.au

www.northernvolunteering.org.au

Southern Volunteering (SA) Inc.

(08) 8326 0020

Volunteering opportunities for South Adelaide, Fleurieu Peninsula and Kangaroo Island

admin@svsa.org.au

Civic Participation

Australian Men's Shed Association

1300 550 009

Assists in the wellbeing of all men. Assists in the prevention of social isolation by providing a safe, friendly and welcoming place for men to work on meaningful projects and to contribute to the wider community

<https://mensshed.org/>

amsa@mensshed.net

Playford Women's Shed

0409 576 003

Stop 74A Edgecombe Rd - South side, Davoren Park SA 5113

A safe space for women of all ages, ethnicities, cultures, income, religion and backgrounds. Women can participate in a range of activities and workshops or sit and/or work in the garden, in a peaceful, inclusive and friendly 'women only' space.

Community Centres SA

(08) 8371 4622

Access to community and neighbourhood centres

Centres offer English classes, men's and women's groups, education and training, activities, financial services, health and physical activity classes

<https://www.communitycentressa.asn.au/>

Federation of Ethnic Communities Council (FECCA)

FECCA is the peak, national body representing Australians from culturally and linguistically diverse backgrounds. FECCA's role is to advocate and promote issues on behalf of its constituency to government, business and the broader community.

<https://fecca.org.au/>

Public Libraries SA

<https://www.facebook.com/LibrariesSA>

Access to and information about South Australia's linked public library network

https://www.libraries.sa.gov.au/client/en_AU/sapubliclibraries

https://onecard.network/client/en_AU/sapubliclibraries

Local Government Association of South Australia

Provide and co-ordinate services and facilities that benefit its area, ratepayers, residents and visitors. Councils provide for the welfare, wellbeing and interests of individuals and groups within its community.

<https://www.lga.sa.gov.au/sa-councils/councils-listing>

<https://www.lga.sa.gov.au/sa-councils/sa-council-services>

Community Hubs Australia

8269 9300

Co-located in ten schools throughout Adelaide, Community Hubs link migrant and refugee families to existing community services, practise English, navigate early years learning and development, and assist access to employment pathways

<https://www.communityhubs.org.au/locations/hubs-in-sa/#hubs-anchor>

www.lccare.org.au/find-help/community-hubs

One Culture Football

0470 348 414 or 0405 032 724

Positive engagement with refugee/multicultural youth through soccer, disability inclusive soccer programs.

www.oneculturefootball.org

<https://www.facebook.com/oneculturefootbballaustralia>

PASA Multicultural Cricket

0415 537 418 | pashtuncommunitysa@gmail.com

PASA Multicultural Cricket is designed to bring many multicultural communities together for social integration through cricket - connecting communities and newly arrived migrants to share experiences, learn from each other, receive updated information and avoid loneliness in order to successfully settle in South Australia.

<https://www.facebook.com/profile.php?id=100047440819554>

Volleyball SA

(08) 8363 1265

Provides an opportunity for all South Australians to achieve sporting, social and healthy lifestyle goals through volleyball.

info@vollyballsa.com.au

<https://www.volleyballsa.com.au/>

Random Acts of Welcome

0437 794 410

A multi-cultural, interfaith, child-friendly community group, aiming to create a welcome for new arrivals to Adelaide. Twice monthly shared meals bringing together new arrivals to Australia and local/established Australians.

randomactsofwelcome@gmail.com

www.randomactsofwelcome.org

Language Services

TAFE SA English Language Service

1800 882 661, 9.00am – 5.00pm. Mon to Fri

The Adult Migrant English Program (AMEP) provides free English tuition to eligible migrants and refugees

<https://www.tafesa.edu.au/courses/education-languages/adult-migrant-english-program>

City of Port Adelaide: Kilburn and Enfield Community Centres

08 8405 6730

Causal English language classes for CALD people.
<https://www.facebook.com/KilburnCommunityCentre/>

Mainly Music

phoebelau3004@gmail.com
Toddler and parents learn English through song at community centres.
www.mainlymusic.org

Welcoming Centre

(08) 8346 3843
English classes, social conversation opportunities, and community dinners.
welcoming.org.au/initiatives/welcoming-centre/
<https://www.facebook.com/welcomingaus>

Hope's Café

(08) 8331 3529, 10.00am – 2.00pm, Wed and Fri
Low cost coffee and food, community hub, conversational English classes held every Friday morning
243 The Parade, Beulah Park
TheSpireCommunity@gmail.com
www.facebook.com/HopesCafefans

University of South Australia

(08) 8302 2376
Provide Diploma and Foundation Studies programs are designed primarily for people who do not have the qualifications required to get directly into a bachelor degree. These programs are a supportive way for students to settle into the university environment and prepare students to succeed at university by building academic skills and prerequisite knowledge.
<https://study.unisa.edu.au/unisa-college/>

Flinders University

1300 354 633
The foundation Studies program provides the knowledge and skills necessary to be an independent learner who can succeed at university. The program will develop study skills, understanding of university life, digital literacy, reading skills, academic communication, critical thinking and analytical skills.
<https://www.flinders.edu.au/study/pathways/foundation-studies>

The University of Adelaide College

(08) 8313 3430
On successful completion of the Foundation Studies Program, students are guaranteed a direct pathway to all bachelor degrees at the University of Adelaide.
<https://college.adelaide.edu.au/programs/foundation-studies/>

Justice

Legal Services Commission of South Australia

1300 366 424
Free legal advice to any person on most legal matters
www.lsc.sa.gov.au

Northern Community Legal

(08) 8281 6911
Free legal advice to any person living in Adelaide's Northern suburbs
www.northernlegal.org.au

Consumer Credit Law Centre South Australia

(08) 8202 5960 or 1300 886 220 (Country Callers)
Free, state-wide service that helps with resolving consumer credit problems
www.consumercreditsa.org

The Working Women's Centre SA Inc.

(08) 8410 6499 or 1800 652 691 (country callers)
Free and confidential help with work related issues (e.g. Dismissal, leave, work injuries, wages, Harassment etc.)
Level1, Station Arcade, 52 Hindley Street Adelaide
www.wwcsa.org.au

Adelaide Legal Outreach Service

0480296556
Free legal advice from Adelaide University final year law students, supervised by qualified solicitors
11-19 Millers Court, Adelaide
alos@adelaide.edu.au
www.alos.as.me

Magistrates Court Legal Advice Service

mclas@adelaide.edu.au
Free legal clinic assisting with minor civil disputes, staffed by Adelaide Law School students supervised by practising lawyers
Magistrates Court, 260 Victoria Square, Adelaide
mclas@adelaide.edu.au
<https://law.adelaide.edu.au/free-legal-clinics/magistrates-court-legal-advice-service>

Commonwealth Ombudsman

1300 362 072
Free service to help resolve complaints about actions and decisions or Australian Commonwealth agencies
Level 11, 25 Grenfell St Adelaide SA 5000 (by appointment only)
www.ombudsman.gov.au

FairWork Ombudsman

13 13 94
Free service for employees or employers to help understand rights and responsibilities at work
www.fairwork.gov.au

www.fairwork.gov.au/languages (over 30 language help cards)

Ombudsman SA

(08) 8226 8699 or 1800 182 150

Free service to investigate complaints about South Australian government agencies and local government councils

www.ombudsman.sa.gov.au

Uniting Communities Law Centre

(08) 8202 5960 or 1300 886 220 (country callers)

Free legal information, advice, representation, referral and assistance

43 Franklin Street Adelaide SA 5001

www.unitingcommunities.org/service/legal-services

JusticeNet

(08) 8313 5005 (10am to 4pm weekdays only)

Pro Bono connect service, connects clients to free legal representation

<https://www.justicenet.org.au/>

Housing

Anglicare SA

(08) 8305 9200

Humanitarian Settlement Program (HSP) accommodation provider, low income housing provider.

www.anglicaresa.com.au/housing

Rent Right SA

1800 060 462

Free independent service helping people maintain private rental, community housing or public housing

www.syc.net.au/home/retrightsa

Helping Young People Achieve (HYPA)

(08) 8405 8540

Offers young people aged 17–25 years who are experiencing, or are at-risk of homelessness a safe and affordable mid-term housing option while they work towards moving into independent housing.

www.syc.net.au/home/homelessness/hypa-housing

SA Housing Authority (Housing SA)

131 299

The Authority develops, implements and provides housing services for people who are at risk or in high need, and works with government and non-government organisations to improve the standard of - and access to - housing across the state.

www.housing.sa.gov.au

Access 2 Place

(08) 8274 6300

info@access2place.com.au

Community housing organisation which supplies and maintains appropriate housing for South Australians living with a disability

www.access2place.com.au

Amelie Housing

1800 950 575

Long term housing for low income tenants including seniors, refugees, singles, single parent families and people with a disability

www.ameliehousing.org.au

Community Housing Ltd

1300 245 468

Housing for people who earn a moderate income and meet National Rental Affordability Scheme (NRAS) eligibility requirements; and households requiring the support of other community and disability services

www.chl.org.au

Cornerstone Housing Limited

(08) 8165 5300

Affordable housing for groups such as the aged, disabled, students, aboriginals, refugees, single parents and families who are linked to support groups

www.cornerstonehousing.com.au

Housing Choices SA

1300 312 447

Housing for people with support needs who have experienced homelessness and low-income earners who require assistance to sustain an independent tenancy

www.housingchoices.org.au

Junction Australia

(08) 8275 8700 (Marion Office)

Junction provides social and affordable housing across a number of urban and regional areas in South Australia.

www.junctionaustralia.org.au/housing/housing-services

MINDA

1800 164 632

Affordable housing for people living with a disability.

www.mindainc.com.au/my-options/my-home

Unity Housing Company

(08) 8237 8777

Provides affordable, safe and secure homes for South Australians on low incomes

81 Osmond Terrace, Norwood

admin@unityhousing.org.au

www.unityhousing.org.au

UnitingSA Housing Ltd

(08) 8440 2244

Provides affordable housing to those on low to moderate incomes who are having difficulty securing housing in the private rental market

www.unitingsa.com.au/housing

Westside Housing Company Ltd

(08) 8155 6070

Provides a source of accommodation for low-income households, particularly for households in immediate financial need

admin@westsidehousing.org.au

www.westsidehousing.org.au

YourPlace Housing Ltd

(08) 8351 8466

Provides low cost disability housing and housing for Spanish speaking tenant

www.yourplacehousing.com.au

Transport

Service SA

13 10 84

State Government Department responsible for vehicle registration and driver's licences

www.sa.gov.au/topics/driving-and-transport

Personal property Securities Register

1300 007 777

National online register to check if there is a security interest or debt attached to a car, motorbike or boat you are considering buying

www.ppsr.gov.au

Circle of Friends SA

Assist refugees with a variety of services, including providing driving lessons

www.cofa.org.au

Wheels in Motion

(08) 8406 8222

Subsidised driving lessons for people aged 16-25 living in Salisbury and Playford

www.salisbury.sa.gov.au/Community/Community/Youth/Twelve25_Salisbury_Youth_Enterprise_Centre/Getting_Your_Ps_-_Wheels_in_Motion

Wheels in Motion @ Bagster Community Centre

(08) 8250 4167

Subsidised driving lessons for people over the age of 25

bagsterroadcc@bagsterroadcc.com.au

Bikes for Refugees

0435 021 681

Provides recycled bicycles for refugees free of charge, and sells accessories such as helmets at a low cost

The Joinery, 111 Franklin St, Adelaide, SA

mikejbrisco@gmail.com

adelaidebikeworkshop.wordpress.com/bikes-for-refugees/

Education and Training

Department for Education – EALD Cultural and Bilingual Support Team

(08) 8226 2756

The Department for Education provide instruction in English through the Intensive English Language Program for primary school students and the New Arrivals Program for secondary and senior secondary students. There are 16 metropolitan primary schools with an Intensive English Language Program and 2 secondary schools, Adelaide Secondary School of English and Thebarton SeniorCollege.

education.eald@sa.gov.au

www.education.sa.gov.au

Australian Government

Aimed at international students, this resource provides descriptions of Australia's education system, and how to navigate Australia's education pathways

www.studyinaustralia.gov.au

Skilling South Australia (SA Government Department for Innovation and Skills)

1800 673 097

Skilling SA helps people get skills and qualifications through Vocational Education and Training (VET) pathways. Provides funding grants to assist with equipment for work and accessing transport to work, subsidise a number of VET training courses.

www.skilling.sa.gov.au

Thebarton Senior College

(08) 8159 3100

English language programs, SA Certificate of Education (SACE), and vocational education training (VET), SA Government NewArrival Program (NAP) for refugees.

www.tsc.sa.edu.au

Adelaide Secondary School of English

(08) 8340 3733

Offers specialist intensive English language programs to prepare secondary aged migrant, refugee and international students, newly arrived in Australia

253 Torrens Rd, West Croydon

dl.1686.info@schools.sa.edu.au

www.adsecenglish.sa.edu.au

VETASSESS

1300 838 277

Skill assessment and formal recognition, including recognition of prior learning.

www.vetassess.com.au

Family and Social Support

Anglicare SA

(08) 8305 9200

range of early intervention family support services can help strengthen family life and improve the safety and wellbeing of children and young people

<https://anglicaresa.com.au/children-families/parenting/family-support/>

Baptist Care SA

(08) 8273 7100

Youth education, youth emergency and long term accommodation/independent living support, family relationship support

<https://baptistcaresa.org.au/service/children-youth-and-families>

Centacare

(08) 8215 6700

Family relationship counselling, parenting capacity building, family dispute resolution, needs assessment and referral to other services

www.centacare.org.au/who-we-help/families

Child and Family Focus SA [CAFFSA]

0467 382 683

Funded service provider of child protection.

www.childandfamily-sa.org.au/family-support

Islamicare – Parenting Helpline

1800 960 009

Support for Australian Muslim parents experiencing difficulties with their children

www.islamicare.org.au

MarionLIFE Community Services

(08) 8277 0304

Emergency relief, financial counselling, youth services, cooking classes, community nursing, community dinners and café, volunteering opportunities

info@marionlife.org.au

www.marionlife.org.au

Parenting SA

(08) 8303 1660

SA Government program providing free, quality parenting information. Multi-lingual parenting guides, free parenting seminars and information sessions, and a range of parenting videos.

www.parenting.sa.gov.au/home

Raising Children Network

Parenting information and videos in other languages

www.raisingchildren.net.au

Relationships Australia SA (RASA)

1300 364 277

A broad range of social services, including family relationship counselling, dispute resolution, domestic violence support and education, and children and parenting support.

www.rasa.org.au/services

Uniting SA

(08) 8440 2299

Child, Youth and Family Services provide access to support, education and advocacy for parents and their children.

www.unitingsa.com.au/community-services/children-and-families

Vishva Hindu Parishad of Australia Inc. (SA)

0478 479 108

Offers family information sessions, disability support, training and employment opportunities, women's health services, youth and women helpline, family counselling and domestic violence assistance.

<https://www.vhpsa.org.au/index-2.html>

Finance

Salvation Army

1800 722 363

Offers a range of financial services, from financial counselling and coaching, through to No Interest Loans.

www.salvationarmy.org.au/need-help/financial-assistance/

Good Sheppard

1300 770 550

Provides no interest loans for essentials ranging from washing machines through to Health, Car and School related expenses.

<https://goodshep.org.au/services/good-money-stores/>

Lutheran Care

(08) 7070 6717

Confidential and free financial counselling service. Assists clients to get a clear picture of, and work to improve, their financial position.

www.lccare.org.au/find-help/financial-hurdles/financial-counselling/

ConnectED

(08) 8245 7100

Administered by Unitingcare Wesley Bowden and Uniting Communities in Adelaide metropolitan areas, ConnectED provides training and information/education sessions which aim to increase knowledge, skills and resources for community members to manage their essential household utilities, including electricity, gas, water and communications.

<https://connected.org.au/>

AnglicareSA

1800 759 707

Provides financial counselling that aims to empower clients with knowledge and confidence in dealing with their finances. AnglicareSA also offers no interest loans for the purchase of essential household items.

<https://anglicaresa.com.au/support/financial-counselling/>

The Hut Community Centre

8339 4400

reception@thehut.org.au

Provides no interest loans of up to \$1,500 and emergency relief including bill payments and supermarket/petrol vouchers, to clients that live in the Adelaide Hills

www.thehut.org.au

Uniting Communities

1800 615 677

Uniting Communities offers free, independent and confidential advice and programs, including financial counselling and budget support, home energy assessments and information sessions on managing your utilities, as well as access to no- and low-interest loans.

www.unitingcommunities.org/service/financial-and-energy-services/financial-support-services

Homestart Finance

1300 636 878

Aims to make home ownership a reality for more people. Have a range of innovative loans that can reduce upfront costs and increase clients' borrowing power.

www.homestart.com.au

Thrive Refugee Enterprise

(02) 9797 8378 or 0416 905 317

Provides business and financial support for refugees, which can help them start and grow viable new businesses.

info@tre.org.au

www.thriverefugeeenterprise.org.au

UnitingCare Wesley Bowden

08 8245 7177

Financial counselling and capability training, no interest and low interest loans, assistance with understanding/budgeting for utilities, and tax help.